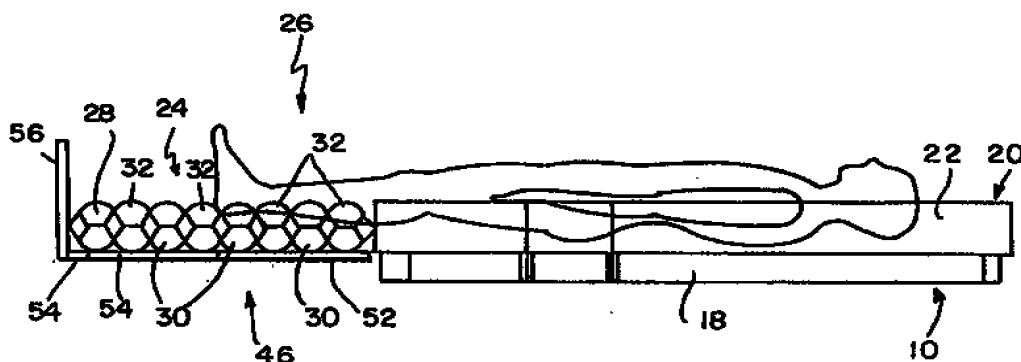




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(54) Title: HOSPITAL BED HAVING A RETRACTING FOOT SECTION



## (57) Abstract

A bed having a foot prop (56) on an adjustable length deck foot section (52) and a mattress (20) with a length and thickness adjustable foot section (16) and a thickness adjustable heel section. The adjustability of the deck (10) and the mattress (20) allows sizing of the bed to the occupant as well as heel management. The foot prop (56) is also adjustable.

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## HOSPITAL BED HAVING A RETRACTING FOOT SECTION

### Background and Summary of the Invention

5                   The present invention relates generally to adjustable beds and more specifically to a bed having an improved adjustable foot section.

                  There are many known bed designs that have adjustable foot sections. On beds that convert from a planar bed configuration to an upright chair configuration, the foot section is generally shortened as the foot section rotates from a horizontal to a  
10                   vertical position. There are also beds having adjustable lengths wherein an attendant physically repositions the head or foot section of the bed to the desired length. These designs include a sliding telescopic foot section as well as a folding foot section equivalent to a "lazy boy" design. It is also known to deflate the foot section of the mattress when converting from a bed to a chair. For short occupants, there exists a  
15                   need for adjustment of the foot prop or board in the chair position shorter than that attended by adjusting the length of the foot section.

                  The ability to adjust the length of the foot section independent of converting from a bed to a chair is also important. This would assist in maneuvering the bed in a confined locations during patient transport. It also allows the bed length  
20                   to be customized to a patient's size. If a foot prop is provided at the end of the foot section, the adjustment of the foot section and the prop would prevent patient migration across the support surface of the bed. It would also provide support for the feet to thereby improve the patient's feeling of security. It could also be used in the prevention of peripheral neuropathy ("foot drop"). Positioning the end of the mattress  
25                   relative to the patient substantially increases the ability to provide heel management. Heel management is wherein the heel is supported by the thigh and the calf and the heel has reduced pressure contact with the mattress.

                  Certain individuals who are confined to bed for an extended period of time are vulnerable to skin breakdown on the back of the heel. Protection of the skin  
30                   in this area is important if initial indications of tissue failure are observed. If the breakdown process has progressed to a point of ulceration, protection of the heel area of the patient is essential to healing.

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Reducing or eliminating the time an individual spends in a supine position will protect the heel area, although it may increase the risk of skin failure on other areas of the foot and body. The current practice for protecting the heel area of a patient while in the supine position utilizes foot support to reduce or eliminate pressure and shear on the back of the heel. Such support is often provided by placing an ordinary pillow or folded towel under a calf area of the patient's legs. Several different foam boot designs are known that strap to the leg or foot to reduce the effects of heel pressure. In addition, a conventional mattress is known in which removable sections are provided in a foot area.

All of these conventional support methods require a caretaker to add or remove components from the bed in order to control pressure on the heels of the patient. Components which are removed from the bed have the potential to get lost or mislaid. Components that are added to the bed provide an extra cost associated with the purchasing, cleaning, and disposal of the added components. There is also a cost in time for the caregiver who must go through multiple steps to initiate and maintain the support of the device.

The present invention provides a bed capable of achieving these goals. The bed includes a deck having a foot section of a variable length along the plane of the foot section. A foot prop is mounted to a first end of the foot section and extends transverse to the plane of the foot section. A mattress on the deck has a foot portion of adjustable length along the plane of the foot portion and variable thickness transverse to the plane of the foot portion. A heel portion of the foot portion of the mattress adjacent the foot prop has a thickness variable independent of the thickness of the remainder of the foot portion. The foot portion of the mattress includes a plurality of variable length elements separated by a plurality of variable thickness elements. The variable length elements are connected to operate simultaneously and the variable thickness elements are connected to operate simultaneously and both operate independent of the heel portion. Preferably, the heel portion, the variable length elements and the variable thickness elements each include one or more bladders which are inflatable and deflatable.

To achieve a chair bed, the foot section of the deck is pivotally mounted to the remainder of the deck. A first actuator varies the length of the foot

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section of the deck, a second actuator pivots the foot section of the deck and a third actuator varies the length of the foot portion of the mattress. A fourth actuator varies the thickness of the heel portion of the mattress and a fifth actuator varies the thickness of the remainder of the foot portion of the mattress. The second actuator is  
5 deactivated when it encounters a predetermined resistance. Preferably, this is during rotation down.

A control system includes an angle sensor and a length sensor connected to the foot section of the deck. Also, a foot prop sensor is connected to the foot section of the deck. As the length sensor senses the position of the end of the bed  
10 or it's length, the appropriate inflation or deflation of the bladders is made to adjust the length of the foot portion of the mattress. The angle sensor cooperates with the foot prop sensor and the control system so that the foot section cannot pivot to an angle which will allow egress from the end of the bed without removal of the foot prop. This is preferably in the range of  $65^{\circ}$  to  $90^{\circ}$  from horizontal.

15 The foot prop has at least one foot support surface and means are provided for mounting the foot support surface to the foot section of the deck at different distances from the end of the foot section. The mounting means includes one or a pair of sockets spaced along the length of the foot section to receive the foot prop. The foot prop may include a rod received in the sockets. The rod may be  
20 mounted asymmetrical with respect to a pair of opposed foot support surfaces. By rotating the foot prop  $180^{\circ}$ , the foot prop can be mounted in the same socket and achieve an adjustment. Alternatively, the rod may be symmetrically located and the distance adjusted by selecting one of a pair of sockets spaced along the length of the second foot section. The foot prop provides support from the horizontal to a chair  
25 position up to an egress range of foot section angle.

Another method of shortening the length of the foot support surface beyond that which is produced by shortening the foot section of the deck is to not shorten nor thin the mattress foot portion when the foot section of the deck is shortened. The foot portion of the mattress can then be folded up the support surface  
30 of the foot prop. This decreases the distance of the foot support surface by the thickness of the mattress foot section.

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The structure which allows adjustability of the length of the foot section of the deck includes a first section connected to the remainder of the deck and a second section movable relative thereto. Telescopic guides connect the first and second sections and the actuator also connects the first and second sections.

5 Preferably, the actuator is between a pair of spaced telescopic guides connected to the first and second sections. Also, preferably, the telescopic guides includes three telescopic elements. The second foot section has a generally U-shaped cross section encompassing part of the top and lateral sides of the first section. The first section is a trapezoid having a large and small oppose surfaces and the large surface is the top of  
10 the first foot section. The foot section of the deck has a width smaller than the width of the remainder of the deck and the foot prop is mounted to lateral extensions of the foot section. The width of the foot section with the lateral extensions is substantially equal to the width of the remainder of the deck. Bumpers are also mounted to the lateral extensions.

15 To size a support surface of the bed to an occupant and provide heel management, the bed may be used in the following method. The length of the foot section with a foot prop thereon is adjusted until the foot prop is immediately adjacent the foot of an occupant on the support surface. The thickness of a portion of the support surface of the mattress below the heel of the occupant is reduced. The length  
20 of the foot section of the deck and the foot portion of the mattress are adjusted simultaneously. The foot section of the deck is adjusted using the first actuator, the foot portion of the mattress is adjusted using a second actuator and the thickness of one of the portions of the mattress foot portion is reduced using a third actuator.

A mattress includes a foot portion and a body portion within a ticking.  
25 The foot portion is secured to the ticking as an adjustable length. The foot section may either be corrugated foam of adjustable length or a plurality of bladders which are inflatable and deflatable to adjust the length. The bladders need not be secured to the ticking. The ticking includes at least one slot and the foot section includes a flap secured thereto and extends into the slot to secure the foot section to the ticking. The  
30 ticking includes an interior pocket and the slot is in the interior pocket. Magnets secured to the ticking for securing the mattress to the bed may also be provided in the pockets. A plate is also mounted to the foam displaced from the flat and straps are

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secured to the plate and join the foot section to the foot portion of the mattress to the body portion of the mattress. A slip cover is provided encompassing the foot section to allow easy movement of the foot portion relative to the ticking.

Other objects, advantages and novel features of the present invention  
5 will become apparent from the following detailed description of the invention when considered in conjunction with the accompanying drawings.

#### Brief Description of the Drawings

Fig. 1 is a schematic view of a patient on a bed with the foot  
10 section/portion fully extended;

Fig. 2 is a schematic view of a patient on a bed with the foot section/portion adjusted and illustrating the heel management according to the principles of the present invention;

Fig. 3 is a bottom view of the foot section of a mattress according to  
15 the principles of the present invention;

Fig. 4 is a perspective top view of the foot section of the deck according to the present invention and connected to the remainder of the deck;

Fig. 5 is a bottom exploded view of a foot section of the deck of Fig. 4;

Fig. 6 is a bottom perspective view of 180° with respect to the  
20 respective view of Fig. 5 of one section of the deck of Fig. 5;

Fig. 7 is a top perspective view of the detail of the foot prop socket and safety switch according to the principles of the present invention;

Fig. 8 is a perspective view of the rotating mechanism according to the principles of the present invention;

Fig. 9 is an exploded perspective view of a mattress according to the  
25 principles of the present invention;

Fig. 10 is a perspective view of a foam foot portion of a mattress according to the principles of the present invention;

Fig. 11 is a bottom view of the foot portion of Fig. 10;

Fig. 12 is a side view of the foot portion of Fig. 10 with a cover  
30 according to the principles of the present invention;

Fig. 13 is a bottom view of the foot portion of Fig. 12;

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Fig. 14 is a partial perspective view of the foot end of a ticking for a mattress according to the principles of the present invention;

Fig. 15 is a perspective view of the foot section of the deck and a foot prop;

5 Fig. 16 is a perspective view of a modified foot section of the deck with a pair of foot prop sockets;

Fig. 17 is a view of the foot section of the deck shortened and the mattress foot section folded; and

10 Fig. 18 is a schematic of the fluid controlled circuit for the foot angle actuator.

#### Detailed Description of the Preferred Embodiments

As illustrated in the Fig., the bed will be discussed with respect to a deck 10 and a mattress 20 thereon. As illustrated in Fig. 4, the deck 10 includes a seat  
15 section 12, a thigh section 14 and a foot section 16 mounted to a frame 18. The deck would also include, but not shown, a head section also connected to the frame 18. Since the present invention is directed specifically to the foot section 16, the other portion will not be described in detail. The foot portion 16 may be used on any deck structure.

20 The retracting foot section of the present invention can be retracted while the bed is in its horizontal bed position. This permits the caregiver to adjust the overall length of the bed in either the bed position or the chair position. The overall bed length can be shortened by about 12-14 inches (30.5-35.5 cm) to facilitate transport of the bed. In other words, the retracting foot section reduces the bed length  
25 so that the bed can fit into smaller elevators. The shorter bed also has a smaller turning radius. The foot section can also be moved to its retracted position to save space during storage of the bed.

The retracting foot section of the present invention also decreases patient migration since the foot prop location may be adjusted to the height of the  
30 patient. Therefore, the bed size can be customized for the patient. The bed also includes a shearless pivot linkage disclosed in U.S. Patent No. 5,715,548 issued February 10, 1998, the specification of which is incorporated herein by reference. The



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combination of the shearless pivot with the retracting foot section and foot prop reduces patient migration toward the foot end of the bed as the bed articulates.

The mattress 20 illustrated in Figs. 1 and 2 includes a body support portion 22 and a foot portion 24. The foot section 24 includes a calf portion 26 which is variable in length and thickness and a heel portion 28 which is variable in thickness. One preferred embodiment of the mattress foot portion 24 is illustrated in Figs. 1-3 as including a plurality of bladders. A plurality of variable thickness bladders 30 is separated by variable length bladders 32. The heel bladder 28 is separated from one of the variable thickness bladders 30 by a variable length bladder 32. The uniaxial variable bladders are produced by gussets in the bladders.

Referring to Fig. 3, a control line 34 is connected to the foot mattress portion 24 and by line 36 to the first variable thickness bladder 30. A line 38 at the other end of the first bladder 30 is connected to the second bladder 30. Line 40 at the opposite end of the second bladder 30 connects the second bladder 30 to the third bladder 30. A control line 42 is connected to line 44 of the foot portion 24 which is connected at its other end to the heel bladder 28. A control line 46 is connected to the first variable length bladder 32. All of the variable length bladders 32 are connected about the periphery of the foot portion 24. A cover 48 for the foot portion is held together by snaps 50. Preferably, the cover 48 is a slip or a shear promoting material, for example, 30 denier ripstop nylon which aids the movement of the foot section in the mattress ticking. This removes the shearing between the occupant and the ticking as the length of the mattress is changed. A strap 51 is secured to the cover 50 by the snaps which are rivets and ties the foot section to an adjacent section 22 of the mattress.

The control lines 34, 42, and 46 are connected to a control module which selectively inflates and deflates the bladders. An example of the control module is that in U.S. Patent No. 5,666,681 issued September 16, 1997, which is incorporated herein by reference. From the connection, all of the variable thickness bladders 30 are inflated and deflated simultaneously, all of the variable length bladders 32 are also inflated or deflated simultaneously. Alternatively, each of the variable length bladders may be individually controlled with additional control lines or other flow control mechanisms. All three types of bladders are independently controlled.

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The foot section 16 of the deck includes a first section 52 connected to the frame 18 and the remainder of the deck and a second section 54 movable along the plane of the section 52. A foot prop 56 is mounted to the second foot section 54 and extends transverse to the plane of the foot sections 52 and 54.

5 To size the bed to the patient and provide heel management, an occupant is placed on the top surface of the mattress 20 as illustrated in Fig. 1 with the calf of the patient resting on the foot mattress portion 24. The foot deck section 54 is retracted onto the deck foot section 52 until the foot prop 56 is adjacent the foot of the occupant as illustrated in Fig. 2. Simultaneously, the length adjusting bladders 32 are  
10 deflated so that the length of the portion 26 of the mattress is decreased, placing the heel of the patient above the heel bladder 28. The heel bladder 28 is then deflated, decreasing its thickness such that the interference pressure on the heel of the patient is reduced. By independently controlling the length of the foot section of the deck, the length of the foot portion of the mattress, and the thickness of the heel portion of the  
15 mattress, appropriate adjustment of the length of the bed is possible as well as heel management.

The foot section 16 of the deck may be pivotally connected to the frame so as to allow the foot section to drop and to be used in various styles of beds or chair beds. A separate and distinct actuator would be provided for the pivotal movement as  
20 well as the articulation of the other deck sections. This allows adjustment of the foot section for the length of a patient and heel management independent of articulation of the deck and mattress as well as reducing the length and thickness of the foot portion of the mattress as the deck is converted to a chair.

The foot section 16 of the deck will be explained with respect to  
25 references 4-8. The first foot section 52 includes a top wall 58 and a pair of opposed lateral side walls 60. Mounted to the bottom surface of top wall 58 by welding for example, are a pair of guide tubes 62. An intermediate guide tube 64 is telescopically received with tube 62 and an end guide tube 66 is telescopically received in intermediate guide tube 64. As will be discussed below, the end guide tube 66 is  
30 secured to the second foot section 54. The pairs of telescopic guide tubes 60, 64 and 66 guide the relative movement of foot section 54 with respect to foot section 52. Plates 68 are connected between the guide tubes 62 and the bottom surface of the top

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plate 58. Thus, the foot section 52 has a trapezoidal shape. This trapezoidal shape with the larger of the two parallel surfaces being the top wall 58.

Also mounted to the under surface of the top wall 58 of the foot section is a hinge plate 70 which mates with a hinge plate 72 mounted to the deck frame 18.

- 5 This pivotally mounts the foot section 16 of the deck to the frame 18. Mounted between the guide tube 62 is a pair of spaced end walls 74 and 76.

The second foot section 54 includes a top wall 78, a pair of side walls 80 extending therefrom, and a pair of bottom walls 82 extending from side walls 80. The top, side, and bottom walls are made from one continuous piece of material. The  
10 second foot section 54 is generally U-shaped with bottom flanges 82 forming a C-channel with the side walls 80 and top walls 78. Thus, the top and side walls of the foot section 54 encompass or surrounds a portion of the top and side walls of the foot section 52. The foot section 54 includes an end wall 84 connected to the top wall 78, the side walls 80 and the bottom walls 82. Tube mounting assembly 86 mounts one  
15 end of the guide tube 66 to the end wall 84 of the foot section 54.

The end wall 76 of the foot section 52 includes openings 87 and 88, best seen in Figs. 4 and 6, between the guide tube 62. An actuator 89 shown in phantom in Fig. 5 is connected to end wall 74 and has an input connections. The actuator 89 is preferably an air cylinder, and mounting connection 90 on end wall 74 is  
20 connected to a control line (not shown). The other end of actuator 89 is secured to wall 76 by bracket 92 in the opening 88. Arm 94 extending from actuator 89 is secured to wall 84 of the second foot section 54 by bracket 96. The actuator 89 is between the guide tubes 62, 64 and 66. The pair of guide tubes 62, 64, and 66 provides uniform distribution of forces. Also, the guide tubes support the weight of  
25 the occupant's feet and minimizes friction between the walls of the foot section 52 and 54. This prevents binding and rubbing between the foot section 52 and 54.

Plastic wipers 98 are also connected to the underside of top wall 78 of the foot portion 54 to protect the sliding joint between the foot sections 52 and 54 and also to prevent the sheet and mattress from intrusion into the joint and jamming the  
30 foot section adjustment.

The foot section 54 includes lateral extensions 100. Bushing 102 mounts a bumper or roller 104 to the lateral extension 100. Socket 106 which receives

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the foot prop 56 is also included in the lateral extension 100. Alternatively, a pair of sockets 106 and 107 may be provided on each extension 100 as shown in Fig. 16. A switch 108 is mounted to the socket 106 by fastener 110 as illustrated in Fig. 7.

Switch 108 indicates the presence of the foot prop in the end of the bed and is part of the control system. Alternatively, the switch 108 may be designed to also sense the presence of pressure on the foot prop produced by the foot of the occupant of the bed engaging the foot prop of the occupant of the bed.

Handles 128 are conveniently provided at the foot of the bed connected between the lateral extensions 100 and the foot section 54. A cover 150 is mounted to the end wall 84 of the foot section 54 as shown in Fig. 5. Slots 154 in the top of end wall 84 receives a stop 156 when the foot portion 24 of the mattress is made of foam as illustrated in Figs. 10-13.

The width W1 of the foot sections 52 and 54 is substantially the width of the frame 18 and smaller than the width W2 of the frame 18 with its support surfaces. This accommodates side rails (not shown) mounted on the frame 18 in their lowered or tucked position as the foot section 16 pivots down. Width W3 of the foot section 16 with the lateral extensions 100 may be substantially equal to the width W2, since the extensions will pivot below the side rails.

The length of the foot deck section 16 as well as the angle of the foot section 16 with respect to the frame 18 are determined by length sensor 114 and angle sensor 116 mounted to the first foot section 52 at tube 62 by bracket 112. A sensor crank 118 is mounted to the length sensor 114 at one end and its other end is mounted to sensor link 120. The sensor link 120 extends through the opening 87 in the wall 76 and is connected at its other end to a pivotal connection 122 to the end wall 84 of the foot section 54. The length sensor 114 may be for example, a potentiometer wherein the crank 118 and link 120 rotate the potentiometer with a change of the length of the foot section 54 with respect to foot section 52.

A link 124 is connected to the angle sensor 116 at a first end by crank 123 and is pivotally connected at the second end to pivot leg 126 (shown in Fig. 6) mounted to hinge plate 72 (Fig. 4) which is connected to the deck frame 18. The angle sensor 116 may also be a potentiometer to determine the pivotal position of the foot section 16 with respect to the deck frame 18.

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A pair of links 130 is pivotally mounted at one end to bracket 132 which is mounted to end wall 76 of the first foot section 52. The other end of links 130 are pivotally connected between brackets 134 and 136 mounted onto rod 138. The other end of brackets 136 is pivotally connected by brackets 140 to end wall 142 of the frame 18. Brackets 144 in the midsection of rod 138 connect rod 146 of actuator 148 to the rod 138. The other end of the actuator 148 is connected to the frame 18. A cover 150 has one end (not shown) connected to the frame 18 and its other end connected to brackets 152 which are mounted on end face 142 of the frame 18.

The actuator 148 determines the articulation or angular position of the foot section 16 of the deck. The actuator 148 illustrated in Fig. 18 includes rod 146 connected to piston 147. A pump 210 is connected to the opposite sides of piston 147 by raising valve 212 and lowering valve 214. Connected between the pump 210 and the valves 212 and 214 are filters 216, restriction 218, and check valves 220. Check valves 220 prevent the pressurized fluid in the actuator 148 from flowing back towards pump 210. The other side of piston 147 is connected to reservoir 222 by lowering return valve 224 and raising return valve 226. Filter 228 connects the reservoir 222 to the return valves 224 and 226 and a filter 230 connects reservoir 222 to the pump 210.

To extend the rod 146, electrical valves 212 and 226 are actuated to connect the respective sides to the pump 210 and reservoir 222. This raises the foot section 16. To lower the foot section 16, and retract the rod 146, electrical valves 214 and 224 are activated to respectively connect the opposite sides of the piston 147 to the pump 210 and reservoir 222. As a safety feature, relief valve 232 is connected between the output of pump 210 and the reservoir 222. Thus, if the pressure at the output of the pump builds up to an unsafe level, relief valve 232 provides a flow back to the reservoir 222.

As another safety feature, a relief valve 234 is connected between the output of valve 214 and the reservoir 222. Since valve 214 provides the output of the pump to the piston 147 to lower the foot section, if the pressure in the lowering should exceed the setting of relief valve 234, the excess pressure will be relieved back to reservoir 222. This is a safety feature in that if the foot section 16 engages an object in its lowering, the piston 147 and rod 146 will stop moving and pressure will build up on

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that side of the piston. To prevent crushing of an object or a person or part of a person, relief valve 234 will operate. As an alternative to the relief valve 234, a pressure sensor may also be provided and the valve 214 may be closed or valve 226 opened. By way of example only and not by way of limitation, whereas the relief valve 232 for the pump may be set at 900 PSI (620.5 N/cm<sup>2</sup>), the relief valve 238 for the actuator 148 may be set at approximately 180 PSI (124.1 N/cm<sup>2</sup>).

The electronics portion 160 of the controller as illustrated in Fig. 4 is mounted to the frame 18 below the seat section 12 and the thigh section 14 of the deck. The controller 160 is connected to the length sensor 114 by wire 162, to angle sensor 116 by wire 164 and to the prop sensor switch 108 by wire 166. The sensor crank 118 and sensor link 120 are hollow or U-channel and the wire 166 for the prop traverses the foot section 116 through the channel in the sensor crank 118 and sensor link 120. As the length sensor 114 sense the position of the end of the bed or it's length, the appropriate inflation or deflation of the bladders is made to adjust the length of the foot portion of the mattress. The angle sensor 116 in combination with the foot prop sensor 108 does not allow the foot section to pivot to an angle, for example in the range of 65° to 90° degrees from the horizontal, which will allow egress from the end of the bed without removal of the foot prop. This prevents the occupant from standing on the foot prop. Any angle less than this range will provide foot support in a chair position which is not selected for ease of egress.

Details of the mattress 20 is illustrated in Fig. 9. Ticking 170 receives the body portion 22 and a foot portion 24. Two examples of each portion are illustrated. The body portion 22 could include a foam seat portion 172 and a foam back portion 174. Alternatively, it may include a bladder seat section 176 and a bladder back section 178. The foot section 24 could include a foam foot portion 180 or the bladder foot portion 28, 30 and 32 of Fig. 3. The control lines 34, 42, and 44 have a bend which corresponds to the juncture of the back and seat section of the mattress where a majority of the bending of the mattress occurs. Any combination of feet section may be used with any combination of seat and back section.

The body portion 22 and the foot portion 24 fit within the ticking 170. The ticking 170 is a stretchable, breathable thermal plastic which is impervious to bacteria. The seams of the outer ticking of the mattress are formed by continuous

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ultrasonic welding. Therefore, the seams do not require any stitches which can permit fluid leakage. The ultrasonically welded seams are impermeable to fluids and bacteria so that the seams of the ticking prevent leakage into an interior region of the mattress.

Magnets 182 are provided at the foot end and the head end of the  
5 ticking 170 in interior pockets 184 as illustrated in Fig. 14. These magnets secure the foot and head end of the bed to the frame or deck. If the frame is metal, no additional magnets are needed. If not, magnets are also provided on the supporting deck or frame.

The details of the foam foot portion 180 is illustrated in Figs. 10-13. A  
10 foam core 186 is corrugated along its length or longitudinal axis. Preferably, the foam is low-ILD, visco elastic foam. Its ILD is in the range of 8-12 and is preferably 10. The length of the foam foot portion 186 may be, for example, 27 inches (68.58 cm) and is capable of being shortened to 13.5 inches (34.29 cm). This is an example of one foot portion. The corrugation allows the foot portion to diminish in length. Also, the  
15 load-ILD allows the foot portion to compress upon the weight of the patient. This will help reduce the pressure on the heel. Also, by providing one of the valleys adjacent to the foot end of the foot portion 186, the heel may rest in the valley and therefore offer a valley or decreased area under the heel.

A portion of the foam 186 adjacent to the remainder of the deck is  
20 tapered at 188. This mates with a tapering 173 of the foam seat portion 172. This is to accommodate articulation between the foot portion and the seat or thigh portion. The foot end of the foam 186 has tapered corners 190. This allows them to lay adjacent to the foot prop 56.

Bonded to the bottom of the core 186 adjacent to the deck end is a  
25 torque plate 192, as illustrated in Fig. 11. Prior to bonding, half of a male/female snap rivets 194 are inserted through the torque plate 192. An attachment plate 196 is also bonded to the bottom of the core 186 adjacent to the foot end. Only the cross-half section is bonded and the ends are left free as flaps.

The core 186 is provided within a slip cover 198 which includes a  
30 zipper 200 as illustrated in Figs. 12 and 13. The cover 198 preferably is a shear promoting material, for example, 30 denier ripstop nylon which aids the movement of the foam foot portion in the ticking 170. The flaps of attachment plate 196 extend

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through slots 202 in the bottom of the slip cover 198. This secures the foot end of the core 186 to the slip cover 198. The other end of the core 186 is secured within the cover 198 by snap rivets 206 extending through straps 204 and to be received in the mating snap 194 of the torque plate 192. The straps 204 secure the foam of the foot portion 180 to the adjacent seat portion of the mattress within the ticking 170. The flap ends of the attachment plates 196 extending through the cover 198 are also received in slots 208 of pockets 184 as are the magnets 182 of Fig. 14.

As illustrated in Fig. 15, the foot prop 56 has opposed foot support surfaces 55 and 57. The general shape of the foot prop 56 is trapezoidal in cross-section. The distance D between the parallel surfaces 55 and 57 may be, for example, 2 ½ inches (6.35 cm). A pair of rods 59 extends from the bottom surface of the foot prop 56 and is received in sockets 106 in the second foot section 54. Although the foot section 16 is shortened or retracted when the deck rotates from its flat or planar position to the chair position, for very short occupants, the foot prop 56 would still not provide support for the feet of the short occupant. In such a case, the foot prop 56 can be rotated 180° with respect to that shown in Fig. 15 such that the planar surface 57 would be the foot support surface. It would be 2 inches (5.08 cm) closer to the patient than if surface 55 was the foot support surface.

As an alternative, a pair of sockets 106 and 107 spaced along the length of the foot section may be provided in each extension 100 as illustrated in Fig. 16. The distance E between the sockets 106 and 107 again, may be, for example, 2 ½ inches (6.35 cm). This will allow the foot prop 56 to be moved from sockets 106 to sockets 107 and thereby shortening the end by 2 ½ inches (6.35 cm). Rotating the foot prop 56 such that the surface 57 becomes a support surface, would shorten it an additional 2 inches (5.08 cm). Thus, an adjustment of 4 ½ inches (11.43 cm) can be obtained using the configuration of Fig. 16. Additional sockets may be provided to give additional adjustments.

It should also be noted that although the cross section of the foot prop 56 is shown as trapezoidal, any cross sectional configuration which provides a differential between the two opposed supporting foot surfaces may be used.

It is important that the foot prop 56 has the parallel surface 55 as a support surface when the deck is in its planar position and that it is in sockets 106. Otherwise,



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it would overlap the mattress and prevent the end section from inflating to the appropriate height. Sensors and controls can be provided in the sockets 106 and 107 as well as some sensible indicia on 59 to indicate which socket it is in and which surface, 55 or 57 is adjacent the foot. Once this is sensed, the inflation of the foot section would be prevented until either the foot prop 56 has been removed or it is in socket 106 with surface 55 being the foot support surface. Also, as previously discussed, the control should not allow the foot section to rotate beyond, for example, 65° with respect to the horizontal if the foot prop is mounted in either of the sockets 106 or 107. This allows the foot prop to be available when the foot section is in a chair position while preventing it from being used when the foot section is lowered to permit egress.

Another method of changing the position of the foot support surface of the foot prop 56 greater than that achieved by the adjustment of the foot section 16 of the deck is illustrated in Fig. 17. While the foot section 16 is adjusted from its extended to its contracted shortened position, the mattress foot portion 24 is not shortened nor made thinner. The non-shortened portion of the foot portion 24 of the mattress then extends up one of the support surfaces of the foot prop 56 and forming a foot support surface. If the thickness of the foot portion 24 of the mattress 20 is, for example, five inches (12.7 cm), this will shorten the length of the foot section by five inches (12.7 cm). Also, if the reversible foot prop, as illustrated in Figs. 15 and 16 is used, this would add an additional 7 ½ to 9 ½ inches (19.05 to 24.13 cm) of adjustment.

Although Fig. 17 illustrates further decreasing the length of the deck in the planar or total horizontal position, the same adjustment can be made as the foot section of the deck and mattress are rotated down from the horizontal position towards the chair position. The controller would have to be modified so as to not simultaneously adjust the height or length of the foot section of the mattress 24 during the rotational and shortening of the foot section of the deck.

Although the present invention has been described and illustrated in detail, it is to be clearly understood that the same is by way of illustration and example only, and is not to be taken by way of limitation. The spirit and scope of the present invention are to be limited only by the terms of the appended claims.

**CLAIMS:**

1. A bed comprising:  
a deck having a foot section of variable length along a plane of the foot  
5 section;  
a foot prop mounted to a first end of the foot section and extending  
transverse to the plane of the foot section;  
a mattress on the deck and having a foot portion of variable length  
along a plane of the foot portion and variable thickness transverse to the plane of the  
10 foot portion; and  
a heel portion of the mattress foot portion adjacent the foot prop having  
a thickness variable independent of the thickness of the remainder of the foot portion.
2. A bed according to claim 1, wherein the foot portion of the  
mattress includes a plurality of variable length elements separated by a plurality of  
15 variable thickness elements.
3. A bed according to claim 2, wherein the variable length  
elements are interconnected to operate simultaneously and the variable thickness  
elements are interconnected to operate simultaneously.
4. A bed according to claim 2, wherein the heel portion, the  
20 variable length elements and the variable thickness elements each include one or more  
bladders which are inflatable and deflatable.
5. A bed according to claim 1, wherein the heel portion and the  
remainder of the mattress each include one or more bladders which are inflatable and  
deflatable.
- 25 6. A bed according to claim 1, wherein the foot section is pivotally  
mounted to the deck.
7. A bed according to claim 6, including a first actuator varying  
the length of the foot section of the deck, a second actuator pivoting the foot section  
of the deck and a third actuator varying the length of the foot portion of the mattress.
- 30 8. A bed according to claim 7, including a fourth actuator varying  
the thickness of the heel portion of the mattress and a fifth actuator varying the  
thickness of the remainder of the foot portion of the mattress.

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9. A bed according to claim 6, including an angle sensor and a length sensor connected to the foot section of the deck.

10. A bed according to claim 1, including a foot prop sensor and a length sensor connected to the foot section of the deck.

5 11. A bed according to claim 1, wherein the foot section of the deck includes a first section connected to the remainder of the deck and a second section movable relative to the first section; telescopic guides connecting the first and second sections and an actuator connecting the first and second sections.

10 12. A bed according to claim 11, wherein the actuator is between a pair of spaced telescopic guides connecting the first and second sections.

13. A bed according to claim 11, wherein the telescopic guides includes three telescopic elements.

15 14. A bed according to claim 1, wherein the foot section of the deck includes a first section connected to the remainder of the deck and a second section movable relative to the first section; and the second section has a generally U-shaped cross-section encompassing part of a top and lateral sides of the first section.

15. A bed according to claim 14, wherein the first section is trapezoidal having a large and small opposed surfaces and the large surface is the top side of the first section.

20 16. A bed according to claim 1, wherein the foot section of the deck has a first width smaller than a second width of the remainder of the deck and the foot prop is mounted to lateral extension of the foot section.

17. A bed according to claim 16, wherein a third width of the foot section with the lateral extensions is substantially equal to the second width.

25 18. An bed having an adjustable length deck, the deck comprising:  
a first section connected to the remainder of the deck;  
a second section movable in a plane relative to the first section;  
a pair of spaced telescopic guides connecting the first and second sections; and  
30 a first actuator connecting the first and second sections.

19. A bed according to claim 18, wherein the telescopic guides includes three telescopic elements.

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20. A bed according to claim 18, wherein the actuator is between the pair of spaced telescopic guides.

21. A bed according to claim 18, wherein the second section has a generally U-shaped cross-section encompassing part of a top and lateral sides of the first section.

22. A bed according to claim 21, wherein the first section is trapezoidal having a large and small opposed surfaces and the large surface is the top side of the first section.

23. A bed according to claim 18, wherein the first and second sections of the deck have a first width smaller than a second width of the remainder of the deck; the second section includes lateral extensions and prop is mounted to lateral extensions and extends transverse to the plane.

24. A bed according to claim 23, wherein a third width of the foot section with the lateral extensions is substantially equal to the second width.

25. A bed according to claim 18, wherein the first section is pivotally mounted to the remainder of the deck; and including a second actuator connected to and pivoting the first section and means for deactivating the second actuator when it encounters a predetermined resistance.

26. A bed according to claim 18, including a prop mounted to the second section of the deck; a prop sensor connected to the second section; and a length sensor connected to the first section.

27. A bed having an adjustable length deck, the deck comprising:  
a first section connected to the remainder of the deck;  
a second section movable in a plane relative to the first section and having a generally U-shaped cross-section encompassing part of a top and lateral sides of the first section; and

a first actuator connected to the second section to move the second section relative to the first section.

28. A bed according to claim 27, wherein the first section is trapezoidal having a large and small opposed surfaces and the large surface is the top side of the first section.

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29. A bed according to claim 27, wherein the first and second sections of the deck have a first width smaller than a second width of the remainder of the deck; the second section includes lateral extensions and prop is mounted to lateral extensions and extends transverse to the plane.

5 30. A bed according to claim 29, wherein a third width of the foot section with the lateral extensions is substantially equal to the second width.

31. A bed according to claim 29, including a bumper mounted on each of the lateral extensions.

10 32. A bed according to claim 27, wherein the first section is pivotally mounted to the remainder of the deck; and including a second actuator connected to and pivoting the first section and means for deactivating the second actuator when it encounters a predetermined resistance.

33. A bed according to claim 32, including an angle sensor and a length sensor connected to the first section of the deck.

15 34. A bed according to claim 27, including a prop mounted to and extending transverse to the second section of the deck; a prop sensor connected to the second section; and a length sensor connected to the first and second sections.

20 35. A method of fitting a support surface of a bed to an occupant, the bed including an adjustable foot section and a foot prop extending up from the foot section, the method comprising:

adjusting the length of the foot section until the foot prop is immediately adjacent feet of an occupant on the support surface; and

reducing a thickness of a portion of the support surface below heels of the occupant.

25 36. A method according to claim 35, wherein the bed includes a deck with an adjustable length foot section and a mattress with a foot portion including a plurality of adjustable length and thickness portions; the length of the foot section of the deck and the foot portion of the mattress are adjusted; and the thickness of one of the portions of the mattress foot portion is reduced.

30 37. A method according to claim 36, wherein the the length of the foot section of the deck is adjusted using a first actuator; the foot portion of the

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mattress is adjusted using a second actuator; and the thickness of the one of the portions of the mattress foot portion is reduced using a third actuator.

38. A bed having an adjustable length deck, the deck comprising:  
a first section connected to the remainder of the deck;  
5 a second section movable in a plane relative to the first section;  
a first actuator connected to the second section to move the second section relative to the first section;  
a prop mounted to and extending transverse to the second section of the deck;  
10 a prop sensor connected to the second section; and  
a controller connected to the first actuator and the prop sensor.

39. A bed according to claim 38, wherein the first section is pivotally mounted to the remainder of the deck; and including a second actuator connected to the first section and the remainder of the deck.
40. A bed according to claim 39, including an angle sensor and a length sensor connected to the first section of the deck.
41. A bed according to claim 38, including a length sensor connected to the first and second sections.

42. A mattress comprising:  
20 a foot portion and a body portion within a ticking; and  
the foot portion being secured to the ticking and adjustable in length.
43. A mattress according to claim 42, wherein the foot portion is corrugated foam adjustable in length.

44. A mattress according to claim 43, wherein the ticking includes  
25 at least one slot and the foot portion includes at least one flap secured thereto and extending into the slot to secure the foot portion to the ticking.

45. A mattress according to claim 44, wherein the ticking includes an interior pocket and the slot is in the interior pocket.

46. A mattress according to claim 45, including a magnet in the  
30 pocket for securing the mattress to a bed.

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47. A mattress according to claim 43, including a plate mounted to the foam and displaced from the flap, and straps secured to the plate and joining the foot portion to the body portion.

5 48. A mattress according to claim 42, wherein the foot portion is encompassed by a slip cover.

49. A mattress according to claim 42, wherein the foot portion includes a plurality of bladders which are inflatable and deflatable for length adjustment.

10 50. A mattress according to claim 42, including at least one magnet secured to the ticking for securing the mattress to a bed.

51. A mattress comprising:  
a foot and body portion within a ticking;  
the foot section being adjustable in length; and  
a slip cover encompassing the foot portion.

15 52. A mattress comprising:  
a foot and body portion within a ticking; and  
magnets secured to the ticking for securing the mattress to a bed.

53. A mattress according to claim 52, wherein the magnets are secured interior the mattress.

20 54. A mattress comprising:  
a foot and body portion within a ticking; and  
the ticking being a breathable, liquid impervious thermal plastic having welded seams.

25 55. A bed according to claim 1, wherein the foot prop includes a rod which is received in a socket of the foot section and the rod is asymmetrical with respect to two opposed foot support surfaces of the foot prop.

56. A bed according to claim 55, wherein the foot section includes a pair of sockets spaced along the length of the foot section.

30 57. A bed according to claim 1, wherein the foot section includes a pair of sockets spaced along the length of the foot section and the foot prop includes a rod which is received in a socket of the foot section.

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58. A bed according to claim 18, including a foot prop having at least one foot support surface and means for mounting the foot support surface to the second section of the deck at different distances from an end of the second section.

59. A bed according to claim 27, including a foot prop having at least one foot support surface and means for mounting the foot support surface to the second section of the deck at different distances from an end of the second section.

60. A bed according to claim 38, wherein the foot prop has at least one foot support surface and including means for mounting the foot support surface to the second section of the deck at different distances from an end of the second section.

61. A bed according to claim 1, wherein the foot portion is corrugated foam adjustable in length.

62. A bed having an adjustable length deck, the deck comprising:  
a first section connected to the remainder of the deck;  
a second section movable in a plane relative to the first section;  
a first actuator connected to the second section to move the second section relative to the first section;  
a prop mounted to and extending transverse to the second section of the deck; and

the prop has two opposed foot support surfaces asymmetrical with respect to the mounting of the prop to the second section of the deck.

63. A bed according to claim 62, wherein the foot prop includes a rod which received in a socket of the foot section and the rod is asymmetrical with respect to the two opposed foot support surfaces of the foot prop.

64. A bed according to claim 63, wherein the foot section includes a pair of sockets spaced along the length of the foot section.

65. A bed according to claim 62, wherein the first section is pivotally mounted to the remainder of the deck.

66. A method of adjusting a foot support surface extending up from a foot end of an occupant support surface of an occupant support, the occupant support includes a) a deck having an adjustable foot section and a foot prop extending up from the foot section adjacent the foot end and b) padding on the deck, having a foot portion and having the occupant support surface, the method comprising:



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adjusting the length of the foot section of the deck with the foot prop to its shortest length; and

providing the foot support surface displaced from the foot end by at least one of a) repositioning, with respect to the foot section of the deck, a surface of the foot prop which is transverse to the occupant support surface to become the foot support surface and b) positioning a part of the foot portion of the padding adjacent the transverse surface of the foot prop such that the occupant support surface of the part of the foot portion becomes the foot support surface.

67. A method according to claim 66, wherein the foot prop has two opposed transverse surfaces asymmetrical with respect to the mounting of the prop to the foot section of the deck; and the repositioning of the foot prop includes rotating the foot prop 180 degrees and remounting to the foot section of the deck.

68. A bed having an articulated deck, the deck comprising:  
a first section pivotally connected to the remainder of the deck;  
a first actuator connected to the first section to pivot the first section relative to the remainder of the deck; and  
means for deactivating the first actuator when it encounters a predetermined resistance.

69. A bed according to claim 68, including a second section movable in a plane relative to the first section; and a second actuator connected to the second section to move the second section relative to the first section.

70. A bed according to claim 68, wherein the first actuator is a fluidly driven piston and the means is a relief valve connected to the piston.

71. A bed according to claim 70, wherein the relief valve is fluidically responsive to fluid pressure on the piston.

72. A bed according to claim 70, including a sensor to sense the pressure on the piston and wherein the relief valve is an electro-fluid valve responsive to fluid pressure on the piston sensed by the sensor.

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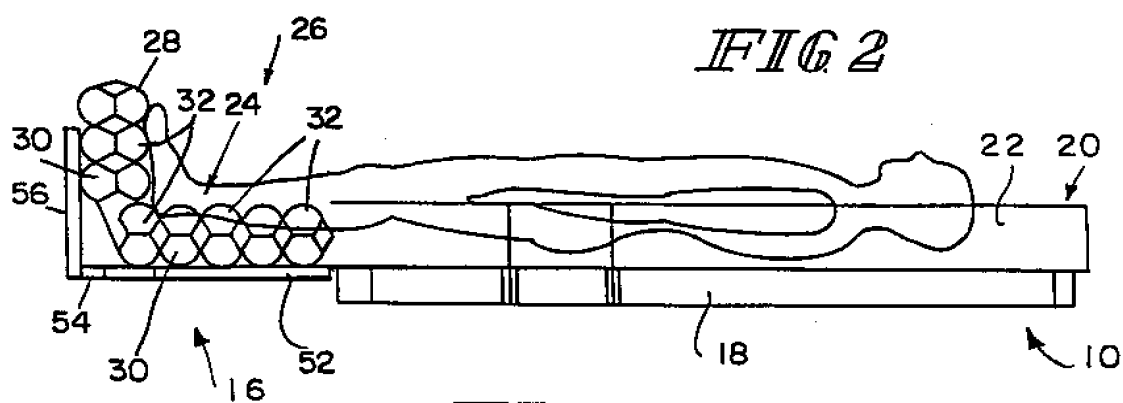
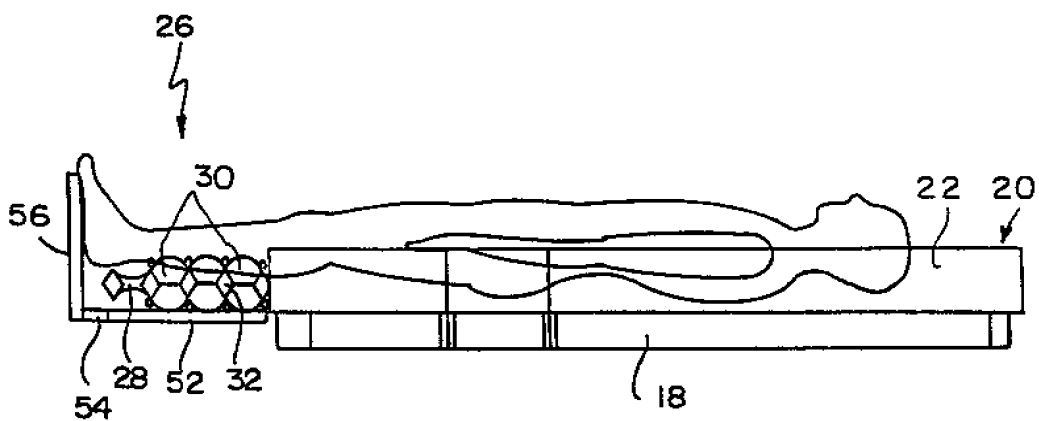
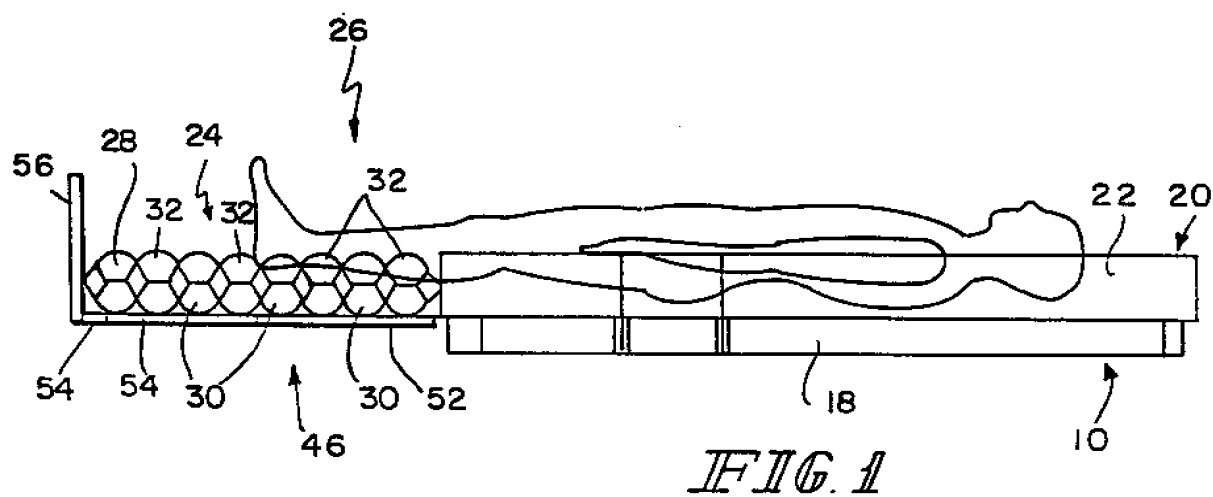
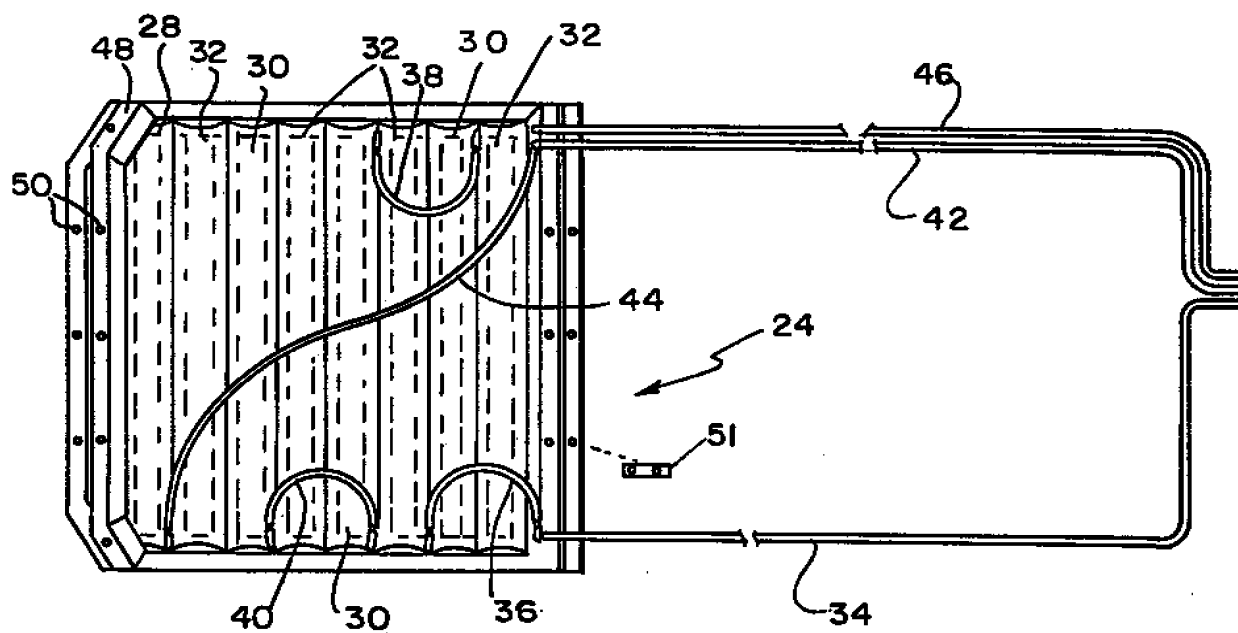


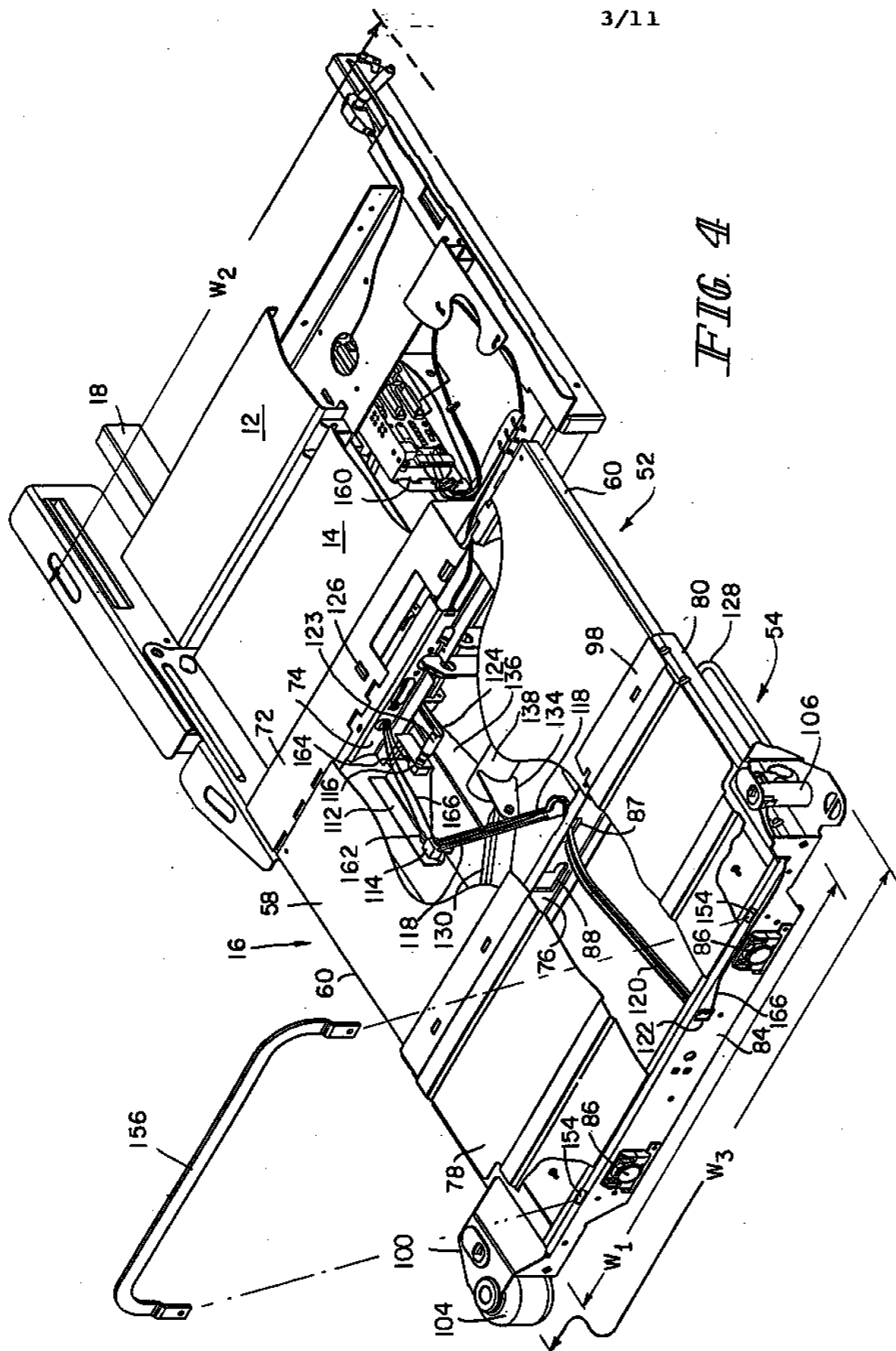
FIG. 17

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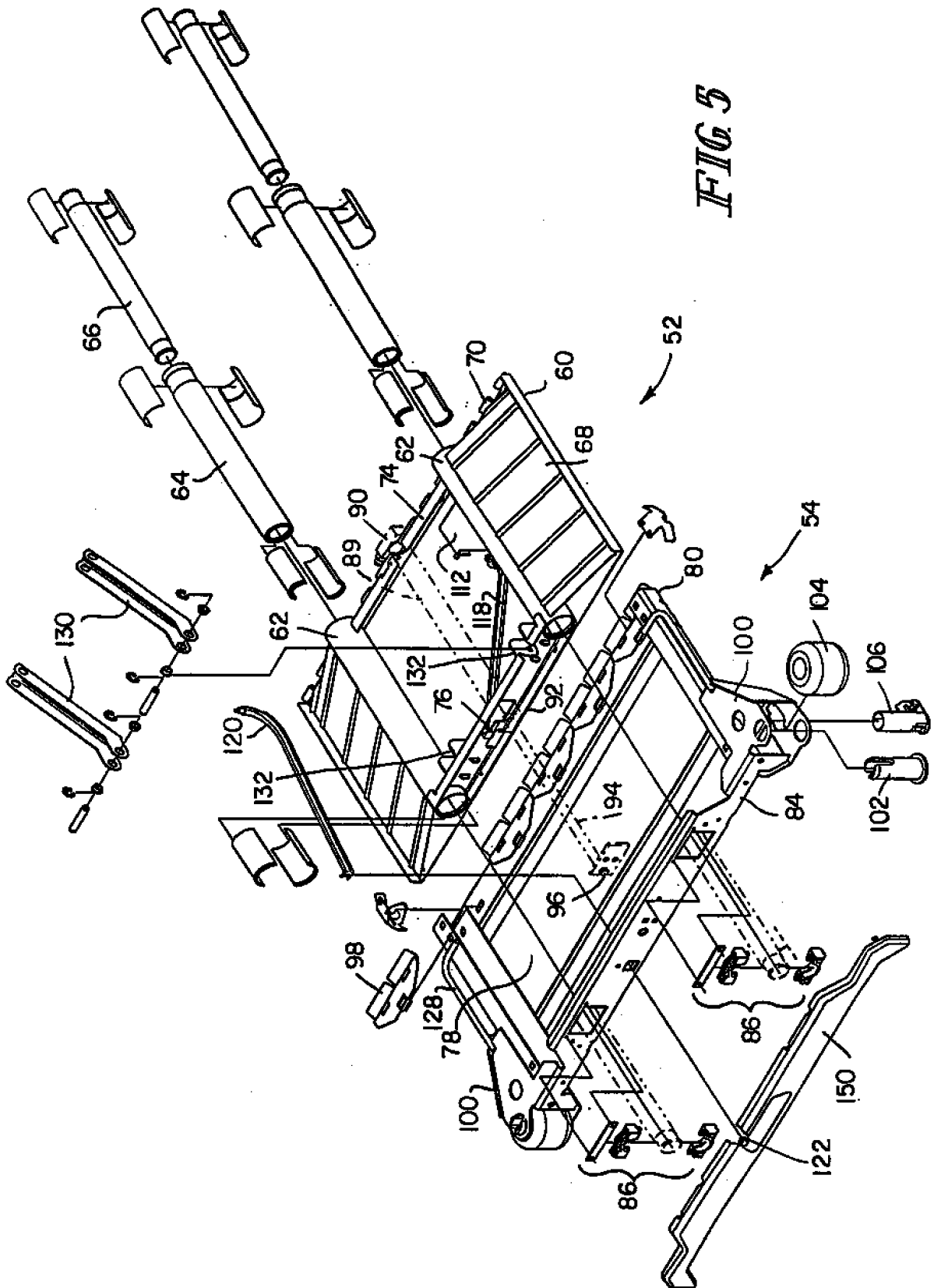
*FIG 3*

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FIG. 4



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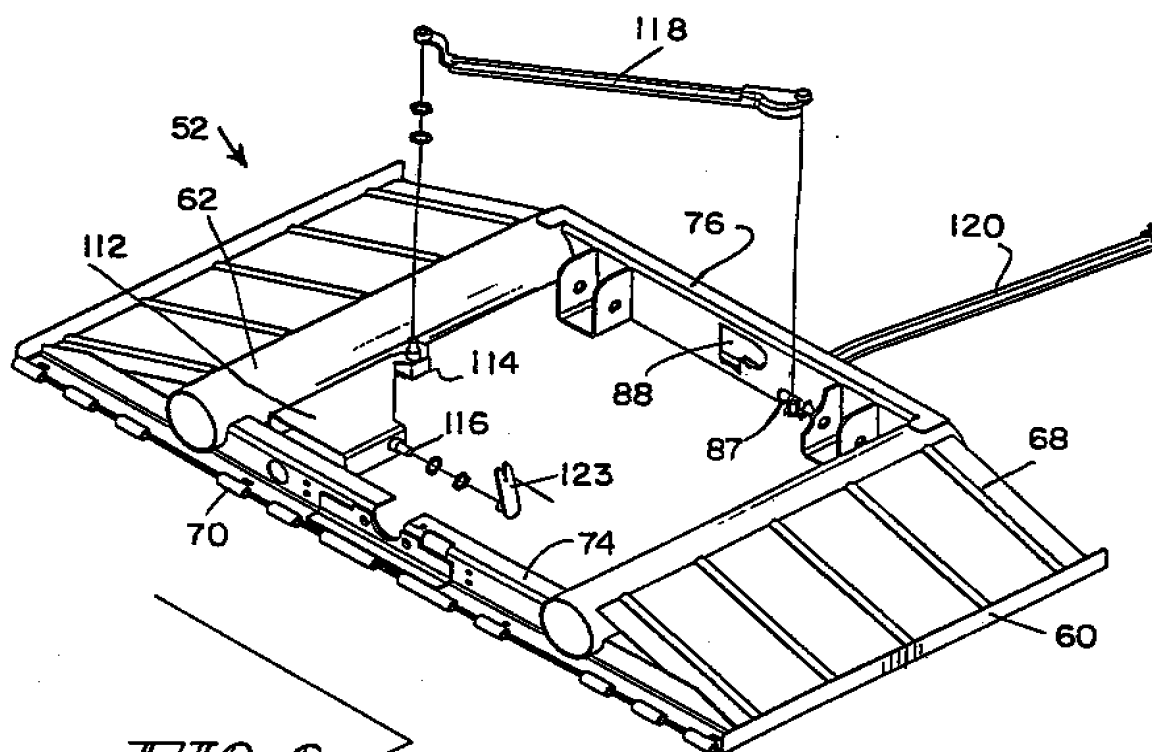


FIG. 6

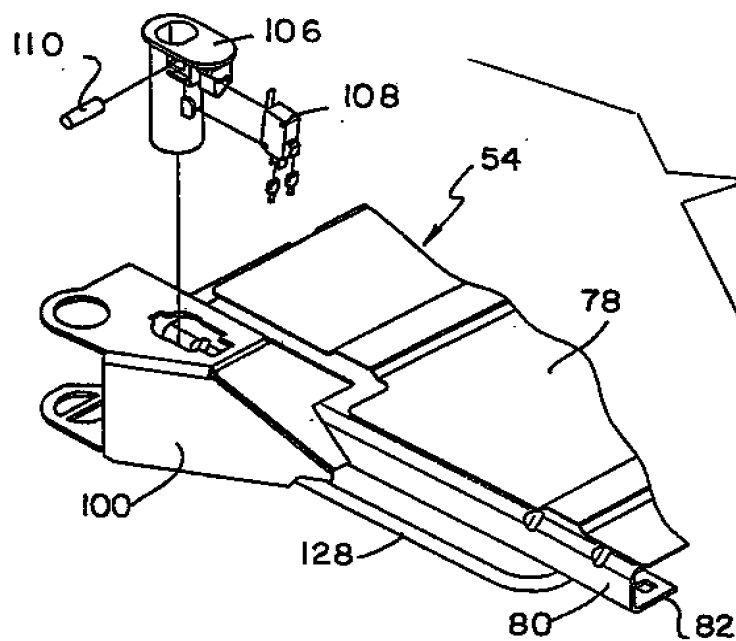


FIG. 7

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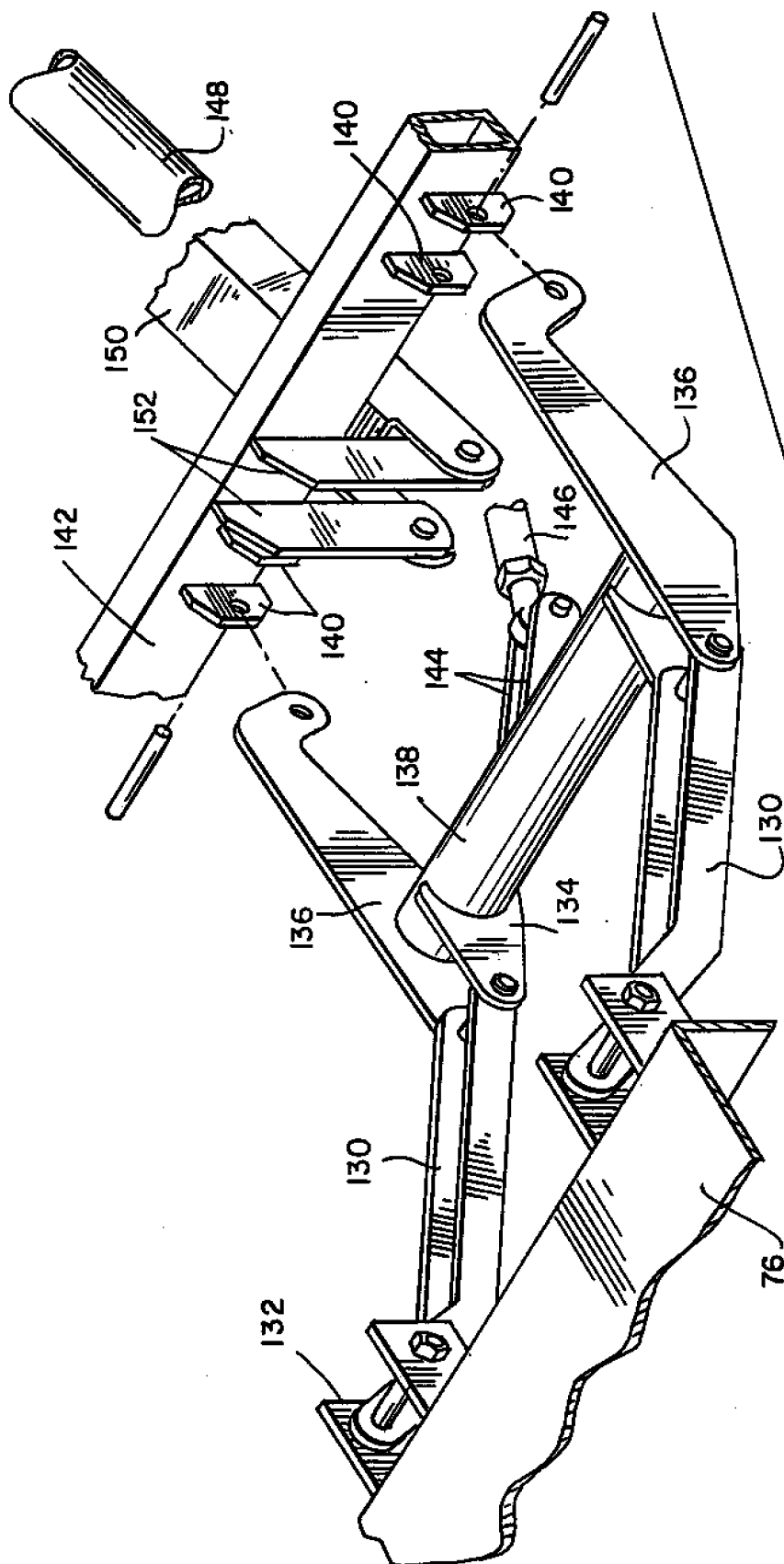
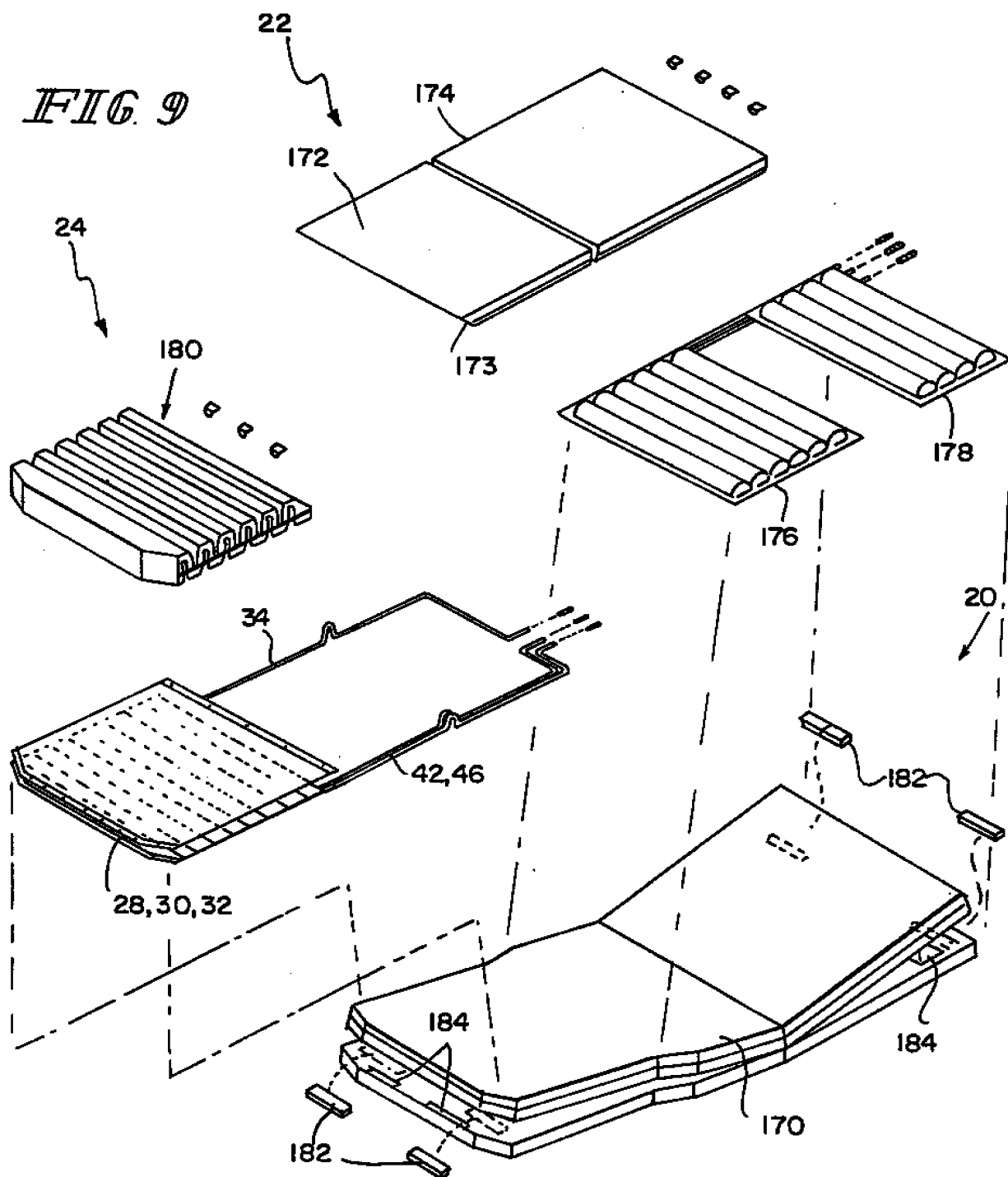


FIG 8

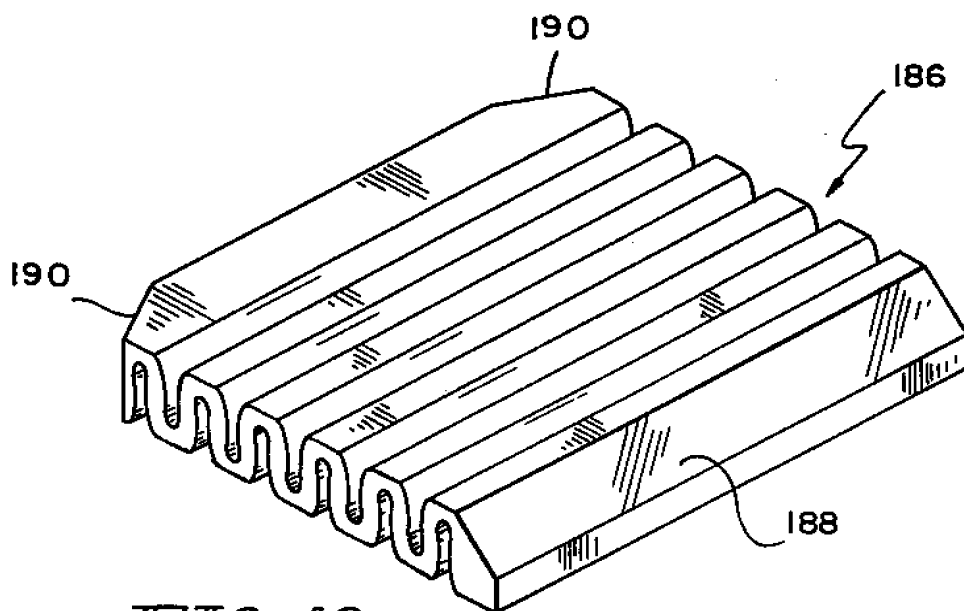
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FIG. 9

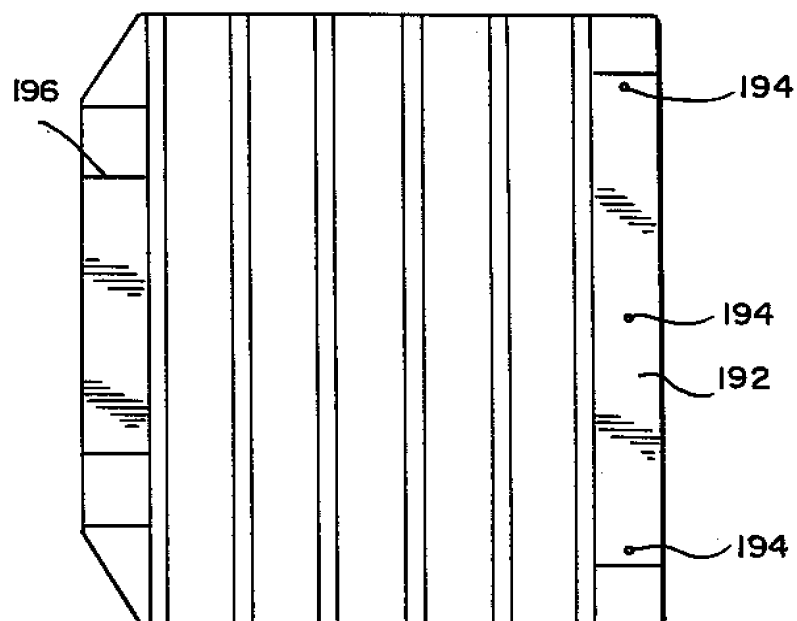




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*FIG. 10*

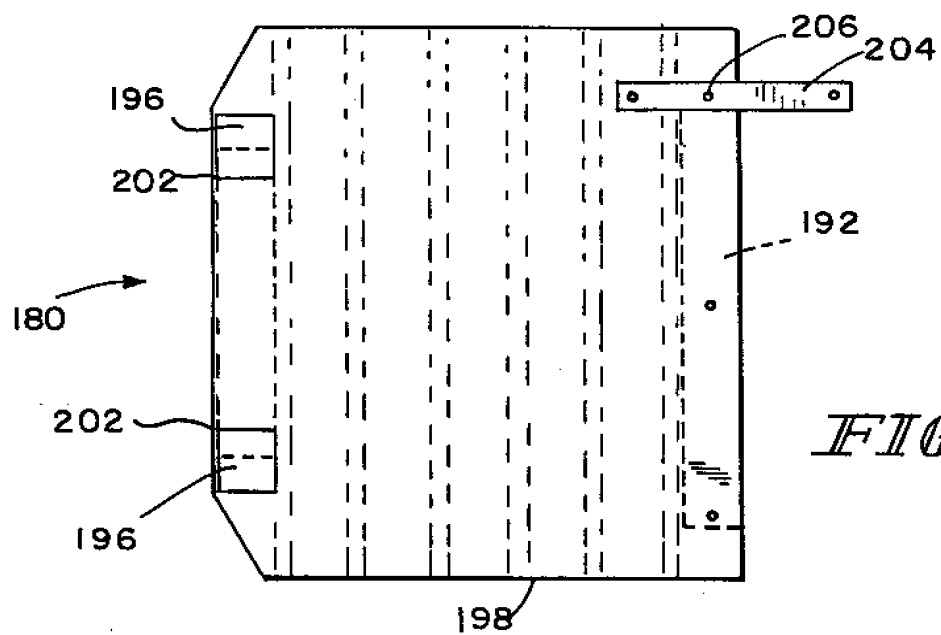


*FIG. 11*

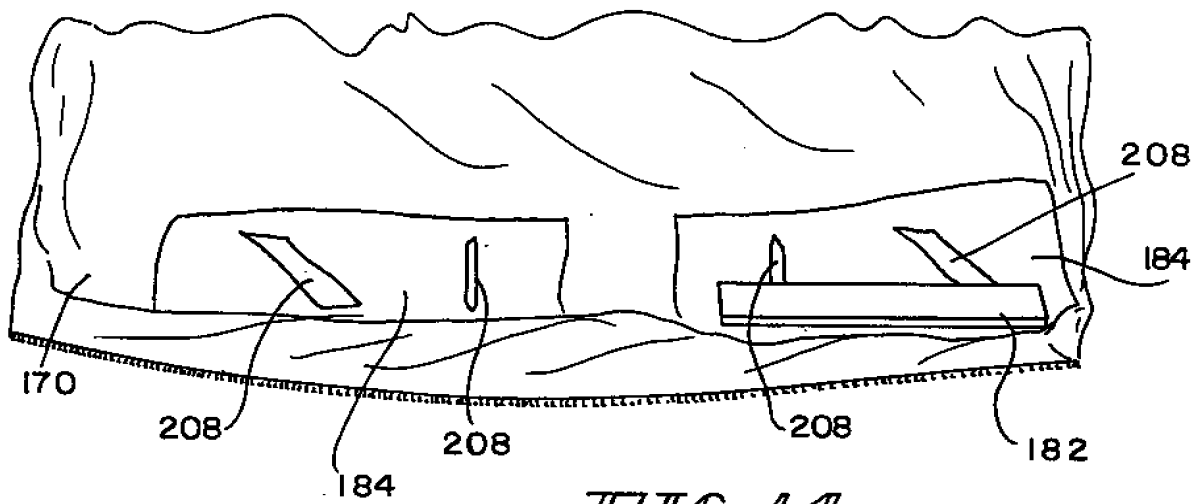
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*FIG. 12*

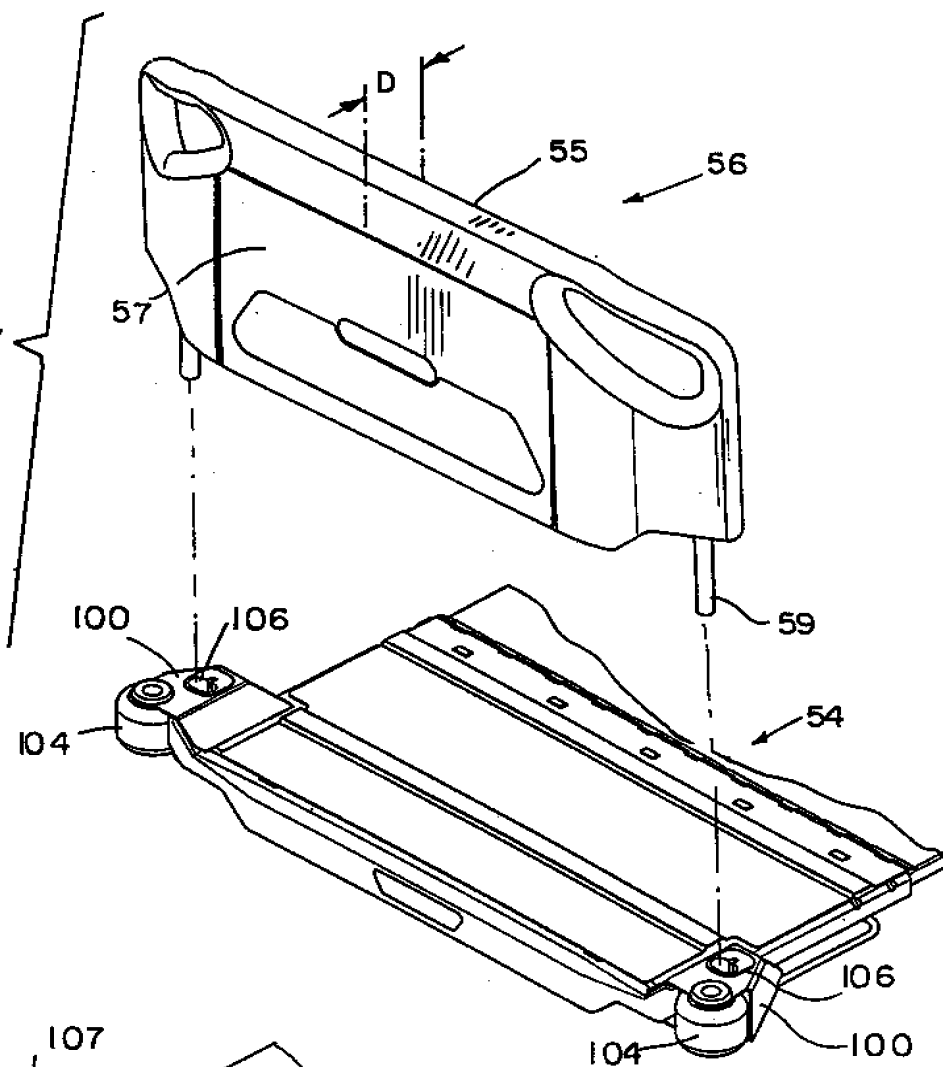


*FIG. 13*



*FIG. 14*

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*FIG. 15**FIG. 16*